"PYLITNA"

A Territorial Officer writes: "Having discovered by personal experience the efficacy of your 'Pylitna' Powders, I took care always to have a stock by me while on active service. Many times I came across both officers and men suffering from Piles, some of them in acute pain. Whenever possible I gave them a few of the Powders and very soon they told me of the relief gained. I only wish 'Pylitna' Powders were more widely known, they would quickly carry their own recommendation."

"I may say that I have cured quite a dozen people with your Powders."

Will you kindly give this booklet to anyone you know suffering from this distressing complaint.

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"PYLITNA."

REG. TRADE MARK.

Hæmorrhoids (Piles) are caused by the disordered functions of the system, which cannot be corrected by external remedies.

"Pylitna" Powders (genuine only under the registered trade mark **"Pylitna"** and in box, with seal unbroken, containing 12 powders) are a specific cure, and a preventive of Fistula. They are quite harmless, and carefully prepared (by a British firm established in 1823), from the Finest and Purest ingredients only. They will give almost immediate relief from suffering, *and speedily cure or prevent an attack if taken as directed.*

Their action is gently emollient, subduing irritation, and regulating the bowels without leaving a disposition to costiveness; while their decided tonic properties give power to the system, arrest all tendency to and counteract the weakening effects of the disease.

The use of a little **"Pylitna"** Ointment (price 5/- per box) will greatly relieve the pain and sometimes expedite the cure.

Kindly recommend these Powders and give this booklet where required.

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As a general Aperient or mild Laxative (especially during pregnancy and also whilst nursing) one Powder should be taken at bedtime and repeated in the morning, or more often if required.

If the Powders are not sufficiently laxative the Aperient Tablets should be taken in conjunction with the Powders as directed.

Keep Ointment and Powders in a cool and dry place.

It is imperative that Hæmorrhoids or Piles should not be neglected. In their early stages they can be easily subdued by taking "**Pylitna**" Powders, and although two or more boxes may be required in chronic cases, they can be successfully treated, and not only a cure effected by the Powders (if taken as directed), but difficult and repeated surgical operations avoided.

DIRECTIONS FOR USE.

When premonitory symptoms are felt, such as pain, heat and uneasiness, one "**Pylitna**" Powder, thoroughly stirred in a wine-glassful of lukewarm water or milk, should be taken every night and morning (or more often if costive), until relieved.

For BLIND PILES where there is much bearing down, pain and costive ness, one "**Pylitna**" Powder three times a day until free action is pro-

duced; after which one every night and morning (or occasionally, to prevent a return. The use of a little "**Pylitna**" Pile Ointment will sometimes expedite the cure. Avoid spirits of all kinds; and this rule should be observed, if possible, whatever the character of the case.

For BLEEDING PILES, *half* a "**Pylitna**" Powder taken in water or milk every four hours will give the most decided relief; after which, one occasionally, or as often as required, to keep the bowels regular. As a general Aperient or mild Laxative (especially during pregnancy), one at bed time, and repeated in the morning, if required.

In severe cases of Hæmorrhoids, more than one box of the Powders may have to be taken. Keep the parts scrupulously clean.

These Powders are quite harmless The above directions must be carefully observed, and all other medicines should be avoided, if possible; but if a further aperient is required beyond "**Pylitna**" Powders, then one or two "**Pylitna**" Tablets (price **5/-** per box) should be taken when necessary. Obtain relief if possible just before retiring to bed.

***N.B.**—If sent abroad must be packed in a sealed bottle. The Powders can be supplied in these bottles. They must* **not** *be exposed to damp.*

Kindly recommend and ask for recommendation to be passed on.

Kindly recommend these Powders and give this booklet where required.

DIET AND HEALTH.

Healthy and abstimeous persons whose tastes have not been vitiated by injurious culinary arts, instinctively select those foods most suitable to their habits and requirements, and vary these to the seasons of the year and the alterations in their mode of life, as when upon a holiday, and the return to normal conditions.

There is often a tendency, especially in advancing years, to absorb more nourishment than is required to balance the normal waste of tissue, and of these excesses, those of animal foods are more injurious than are those of vegetable.

Avoid all hurry and bad temper (your own and other people's) during and after meals.

A fit of temper can convert the natural secretions of the body into actual poisons.

Careful and complete mastication, and sound and clean teeth are necessary to digestion and health. Decaying teeth poison each mouthful of food. Well digested food is the more readily and completely assimilated. Common Salt is necessary to the formation of gastric juices. As a rule wholesome things are pleasant to the taste, but good plain food in season and in good condition well and thoroughly cooked and in just sufficient quantity is usually best. Keep all cooking utensils scrupulously clean. Avoid

red and white Pepper when suffering from, or liable to Piles, but Black Pepper, free from dirt, is beneficial.

Avoid all heating and highly seasoned dishes; all forms of bacon and pork; and alcohol if possible.

Alcohol diluted, and in small quantities will aid digestion in some, whilst others only suffer from its use.

Take a glass of water slowly every night and morning.

Good brown bread is wholesome and beneficial. Prunes are good, and all sound fruits; also Lentils and all well cooked pulsers and fresh vegetables.

Luxurious and Sedentary habits tending to congestion of the lower bowel may cause hæmorrhoids.

Abundance of Pure Air (night and day wholesome food in rational quantities; the period of sleep reduced until it becomes quiet and refreshing; hard honest work; recreation, which should be re-creation; the body kept clean inside and out—all these tend to longer and better life, and freedom from illness.

Prevention is better than cure.

If in spite of all care the Symptoms appear a few 'Pylitna' Powders will prevent, and usually one box will cure an attack of Piles.

Kindly recommend and ask for recommendation to be passed on.

Kindly recommend these Powders and give this booklet where required.

TESTIMONIALS.

The following, amongst others, have been received, testifying to the value of these Powders.

A Doctor (M.D., M.S.) writes:

"I have used 'Pylitna' Powders and Ointment in several cases of Piles of all grades of severity, and in every case it has given considerable relief, amounting in some to actual cure and that in very bad and chronic cases. It is the best remedy for Piles I have hitherto seen, next to a good surgical operation properly done."

A Chemist says:

"It is the best remedy I have met with in all my 50 years' experience with Doctors."

A Gentleman writes:

"Before I took your Powders I had been subject to very serious attacks of bleeding Piles, during one of which, I lost over three pounds in weight within a week; but now, at the first symptom, I commence to take them, and they have never failed to ward off the attack. I have found them also most beneficial as an ordinary aperient."

Another Chemist writes:

"Having suffered from Hæmorrhoids for over 15 years—not in a mild form, but in so acute a form that I have been contemplating an operation—I was persuaded to try a box of your 'Pylitna' Powders.

"The benefit I derived from them persuaded me to continue, and after taking three boxes of your Powders, which in such a bad case as mine I consider quite a small amount, found my trouble to have disappeared.

"This is a week ago, and when I tell you that for 15 years I have never had a free day until the last six or seven days, you will realize how marvellously your Powders have acted.

"At any time I should be pleased to be put in communication with anyone suffering, and persuade them to try a box of your 'Pylitna' Powders."

A Lady writes:

"A friend of mine has highly recommended your 'Pylitna' Powders for Piles, which I have been suffering from for years. Will you kindly send me a box."

Kindly recommend and ask for recommendation to be passed on.

Kindly recommend these Powders and give this booklet where required.

A Lady Doctor (M.D. Lond.) says:

"These Powders have acted far more quickly and efficiently than the usual treatment. I shall certainly recommend it to my patients."

Completely Cured.

"I wish to say that your 'Pylitna' Powders have completely cured me of Piles, from which I have suffered for ten years. I had excessive loss of blood, which brought me to a very low condition and caused nervousness. I was examined by two doctors, also a specialist, and was advised that an operation was the only thing for me.

I commenced taking your Powders and they gave almost immediate relief, and with the exception of two very slight losses of blood about ten days or a fortnight later, I have seen nothing since and consider myself completely cured, and feel a new man. I have not taken the Powders for the last three weeks."

A Gentleman writes:

"For the last 12 years I have spent many pounds on various remedies with no good results. Four years ago I was also operated on, with only temporary benefit. I have had three boxes, with a complete cure."

Kindly recommend and ask for recommendation to be passed on.

Severe Case.

"After suffering nearly twelve months with Piles, I heard of your Powders from my chemist. I then tried a box, because I could not get anything to cure me. When I had taken three Powders I was much relieved, and by the time I had finished the first box I was cured.

I must thank you very much for what your Powders have done for me."

Surgical Operation Avoided.

"Five years ago I underwent a severe operation for Hæmorrhoids, and was consequently very depressed by a recurrence of the trouble, and I was contemplating another operation, when your 'Pylitna' Powders were introduced to me, and in desperation I tried them; after the first four doses I felt great relief, and at the end of a week they had entirely disappeared.

I have also given the Powders to several of my friends with the same result."

A Gentleman writes:

"They are the finest thing I have had for Bleeding Piles. I had been troubled sore with this complaint, but am happy to inform you that I have experienced great relief after using 'Pylitna' and shall have much pleasure in recommending them to my friends."

pany and others who have suffered with the same complaint, and I am sure you will be glad to know that they have all derived as much benefit as I did.'

"I have on several occasions recommended them to fellow sufferers, and have in each individual case been gratefully thanked for doing so, the relief being so quick and sure."

Army Chaplain writes: "'Pylitna' Powders are really splendid; I am recommending them."

"Altho' I had been a sufferer for between three and four years continuously, before I had completed the second box the complaint had practically disappeared."

A Lady writes: "I think it is a great pity that such a splendid remedy is not more widely known."

A Gentleman writes: "After taking about 4 Powders all the signs of my Piles had gone. I will certainly recommend them to any sufferer. I would also like to mention the Powders are as good as a tonic."

A Sergeant, R.A,F., writes: I must tell you I have derived great benefit and relief from the first box which is not yet completed. I believe the second box wili finally cure me

Kindly recommend these Powders and give this booklet where required.

NOTE.

Piles are caused by the disordered functions of the system: these disorders cannot be corrected by external remedies.

"Pylitna" Powders

(harmless at all times) *taken* in a little warm milk or water remove the causes and speedily cure or prevent an attack.

"PYLITNA"	POWDERS	at 5/-	per Box
Do.	Do.	,, 2/9	,,
Do.	OINTMENT	,, 5/-	,,
Do.	APERIENT TABLETS	,, 5/-	,,

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